

**Book/Magazines/Articles previously read by the EMDRGKC Book Club:**

*When There Are No Words*, Sandra Paulsen, Ph.D.

*Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy*, Editors Carol Forgash and Margaret Copeley

*EMDR Therapy and Somatic Psychology: Interventions to Enhance Embodiment in Trauma Treatment*, by Arielle Schwartz and Barb Maiberger

*Attachment Focused EMDR: Healing Relational Trauma*, by Laurel Parnell

*Pain Control with EMDR: Treatment Manual* by Mark Grant

*EMDR and Dissociation: The Progressive Approach*, by Anabel Gonzalez & Dolores Mosquera

*Working with Voices and Dissociative Parts: A trauma-informed approach*, by Dolores Mosquera

*EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation*, by Jim Knipe

*EMDR Therapy and Mindfulness for Trauma-Focused Care*, by Jamie Marich and Stephen Dansiger

*Eye Movement Desensitization and Reprocessing (EMDR) Therapy: Basic Principles, Protocols, and Procedures (Third Edition)*, by Francine Shapiro

*Easy Ego State Interventions: Strategies for Working with Parts*, by Robin Shapiro

*EMDR Resources in the COVID-19 Era*, Edited by: Marilyn Luber, PhD

*EMDR Solutions: Pathways to Healing*, Edited by Robin Shapiro

*EMDR Solutions II: For Depression, Eating Disorders, Performance, and More*, Edited by Robin Shapiro

*EMDR Therapy: An A-to-Z Guide for Interweaves*, by Michelle Morrissey, PhD

*Go With That Magazine*, Winter 2023, EMDR International Association

*A Primer on Memory Reconsolidation and Its Psychotherapeutic Use as a Core Process of Profound Change*, by Bruce Ecker, Robin Ticic and Laurel Hulley

*Polyvagal-Informed EMDR: A Neuro-Informed Approach to Healing* by Rebecca Kase

*Go With That Magazine*, Winter 2024, EMDRIA

*The Distancing Approach: A Comprehensive Eye Movement Desensitization and Reprocessing Psychotherapy for Obsessive-Compulsive Disorder*, by C. Paula Krentzel and Jennifer Tattersall, Journal of EMDR Practice and Research, Volume 18, Number 1, 2024

\**EMDR Therapy and Sexual Health: A Clinician's Guide* by Stephanie Baird

\**EMDR Therapy Treatment for Grief and Mourning: Transforming the Connection to the Deceased Loved One* by Roger M. Solomon, Ph.D.

\**EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation: Theory and Treatment of Complex PTSD and Dissociation* (Second Edition, Paperback) by Jim Knipe

\**What Happened to You?: Conversations on Trauma, Resilience, and Healing* by Oprah Winfrey and Bruce D. Perry