

Book/Magazines/Articles previously read by the EMDRGKC Book Club:

When There Are No Words, Sandra Paulsen, Ph.D.

Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy, Editors Carol Forgash and Margaret Copeley

EMDR Therapy and Somatic Psychology: Interventions to Enhance Embodiment in Trauma Treatment, by Arielle Schwartz and Barb Maiberger

Attachment Focused EMDR: Healing Relational Trauma, by Laurel Parnell

Pain Control with EMDR: Treatment Manual by Mark Grant

EMDR and Dissociation: The Progressive Approach, by Anabel Gonzalez & Dolores Mosquera

Working with Voices and Dissociative Parts: A trauma-informed approach, by Dolores Mosquera

EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation, by Jim Knipe

EMDR Therapy and Mindfulness for Trauma-Focused Care, by Jamie Marich and Stephen Dansiger

Eye Movement Desensitization and Reprocessing (EMDR) Therapy: Basic Principles, Protocols, and Procedures (Third Edition), by Francine Shapiro

Easy Ego State Interventions: Strategies for Working with Parts, by Robin Shapiro

EMDR Resources in the COVID-19 Era, Edited by: Marilyn Lubert, PhD

EMDR Solutions: Pathways to Healing, Edited by Robin Shapiro

EMDR Solutions II: For Depression, Eating Disorders, Performance, and More, Edited by Robin Shapiro

EMDR Therapy: An A-to-Z Guide for Interweaves, by Michelle Morrissey, PhD

Go With That Magazine, Winter 2023, EMDR International Association

A Primer on Memory Reconsolidation and Its Psychotherapeutic Use as a Core Process of Profound Change, by Bruce Ecker, Robin Ticic and Laurel Hulley

Polyvagal-Informed EMDR: A Neuro-Informed Approach to Healing by Rebecca Kase

Go With That Magazine, Winter 2024, EMDRIA

The Distancing Approach: A Comprehensive Eye Movement Desensitization and Reprocessing Psychotherapy for Obsessive-Compulsive Disorder, by C. Paula Krentzel and Jennifer Tattersall, *Journal of EMDR Practice and Research*, Volume 18, Number 1, 2024

EMDR Therapy and Sexual Health: A Clinician's Guide by Stephanie Baird

EMDR Therapy Treatment for Grief and Mourning: Transforming the Connection to the Deceased Loved One by Roger M. Solomon, Ph.D.

EMDR Toolbox: Theory and Treatment of Complex PTSD and Dissociation: Theory and Treatment of Complex PTSD and Dissociation (Second Edition, Paperback) by Jim Knipe

What Happened to You?: Conversations on Trauma, Resilience, and Healing by Oprah Winfrey and Bruce D. Perry

Go With That Magazine, Fall 2025, EMDRIA

EMDR With Complex Trauma by Thomas Zimmerman

Key Decision Points in Working More Effectively with Clients with Complex Trauma in EMDR Therapy by Thomas Zimmerman, article in Spring 2026 *Go With That Magazine*, EMDRIA

The EMDR Toolbox Method: Expanding Jim Knipe's Work and Enhancing the Adaptive Information Processing Model by Manuela Spadoni, Paola Arnaboldi, and Jim Knipe, 2026 *Journal of EMDR Practice and Research*

A Primer on Memory Reconsolidation and Its Psychotherapeutic Use as a Core Process of Profound Change by Bruce Ecker, Robin Ticic and Laurel Hulley